

HEDY MCADAMS:

# "RUM & COCA COLA"

(a.k.a., "COWBOY MAMBO")

*Hedy McAdams*

A 48-count, 4-wall, adv-beginning-level line dance

**Choreographer:** **HEDY McADAMS**, teacher, choreographer, deejay, "CACTUS ROSE Presents," Palo Alto, CA (San Francisco Bay)  
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**Music/tempo:** recommended: "**Cowboy Mambo**" by Tom Russell & Barrence Whitefield, 152/76 bpm, 32/16-ct. lead, "Do Not Disturb" CD; order info: "Hillbilly" Rick, phone 812-867-3401, fax 812-867-1082  
 Alt. music: "**Rum & Coca Cola**" by the Andrews Sisters, 84 bpm, 12-ct. lead (tricky-begin on vocals; start counting lead on 1<sup>st</sup> downbeat) from The Andrews Sisters 50<sup>th</sup> Anniversary Collection CD (available on many war-era CDs)  
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RUM-D 10/23/98 3:56 PM

## **A** SIDE, HOLD, CROSS, HOLD SIDE-CROSS-SIDE, HOLD

*Home/original wall=12:00 o'clock, begin with weight left (L).*

- 1, 2 Step R to right, Hold
- 3, 4 Cross L over R, Hold
- 5 Step R to right
- 6 Cross L over R
- 7, 8 Step R to right, Hold

## **B** SIDE, HOLD, CROSS, HOLD SIDE-CROSS-SIDE, HOLD

*You should be facing 12:00 wall, now, and your weight is L.*

- 1, 2 Step L to left (and slightly back), Hold
- 3, 4 Cross R over L, Hold
- 5 Step L to left
- 6 Cross R over L
- 7, 8 Turn ¼ left [9:00] and step forward on L, Hold

## **C** STEP, PIVOT, STEP, PIVOT RIGHT, LOCK, RIGHT, HOLD

*You should be facing 9:00 wall, now, and your weight is L.*

- 1 Step forward on ball of R<sup>A</sup>
- 2 Pushing with R, pivot ¼ left [6:00] on L<sup>A</sup>
- 3 Step forward on ball of R<sup>A</sup>
- 4 Pushing with R, pivot ¼ left [3:00] on L<sup>A</sup>
- 5 Step forward on R (angle body slightly left)
- 6 Lock L behind R
- 7, 8 Step forward on R, Hold

<sup>A</sup>Styling note: use hips in a counter-clockwise circular motion to "round out" the pivots for counts C1-C4.

## **D** STEP, PIVOT, STEP, PIVOT LEFT, LOCK, LEFT, HOLD

*You should be facing 3:00 wall, now, and your weight is L.*

- 1 Step forward on ball of L<sup>B</sup>
- 2 Pushing with L, pivot ¼ right [6:00] on R<sup>B</sup>
- 3 Step forward on ball of L<sup>B</sup>
- 4 Pushing with L, pivot ¼ right [9:00] on R<sup>B</sup>
- 5 Step forward on L (angle body slightly right)
- 6 Lock R behind L
- 7, 8 Step forward on L, Hold

<sup>B</sup>Styling note: use hips in clockwise circular motion to "round out" the pivots for counts D1-D4.

## **E** CROSS, HOLD, STEP, HOLD RIGHT, CROSS, RIGHT, CROSS

*You should be facing 9:00 wall, now, and your weight is L.*

- 1, 2 Cross R over L (with wide swing of R foot), Hold
- 3, 4 Step back on L, Hold
- 5 Step R on a diagonal back/right
- 6 Cross L over R (progressing back/right on diagonal)
- 7 Step R on a diagonal back/right
- 8 Cross L over R (continue diagonal progression)

## **F** ROCK, HOLD, RECOVER, HOLD STEP, HOLD, PIVOT, HOLD

*You should be facing 9:00 wall, now, and your weight is L.*

- 1, 2 Rock-step back on R (opts: lean R shoulder back/right on diagonal—may lift left leg if it feels good), Hold
- 3, 4 Step forward on L, Hold
- 5, 6 Step forward on R (lean forward), Hold
- 7 Pivot body ½ left [3:00] (in place) and shift weight L
- 8 Hold

## **BEGIN AGAIN** (Reset "clock" at 12:00.)

### Teaching Notes:

1. **Teaching to beginners:** Teachers have the option of teaching this as a 48-count dance (real time—to convey styling and concept) or a 24-count dance (1/2 time—easier for beginners to comprehend). **If taught as a 24-count dance**, the following cues are recommended:

#### Counts 1-8:

1,2,3&4 **RIGHT - CROSS - RIGHT-CROSS-RIGHT**  
 5,6,7&8 **LEFT - CROSS - LEFT-CROSS-LEFT**

#### Counts 9-16:

1&2&3&4 **STEP-PIVOT - STEP-PIVOT - RT-LOCK-RT**  
 5&6&7&8 **STEP-PIVOT - STEP-PIVOT - LEFT-LOCK-LEFT**

#### Counts 17-24:

1,2,3&4& **CROSS - STEP - RIGHT-CROSS-RIGHT-CROSS**  
 5,6,7,8 **ROCK - ROCK - STEP - PIVOT**

- 2. This dance should be stylized with lots of horizontal hip movement (except when this sheet calls for circular hip movement).
- 3. **Intermediate/advanced option:** dancers may enjoy this dance as a contra dance. Dancers should line up approximately 3-4 feet opposite and facing each other, positioned to pass each other easily if moving directly forward.