

MICHAEL BARR'S HUSTLE LINE DANCE:

“HEY BRUCE...”

*Michael
Barr*

Description: 48 Count - 2 Wall Line Dance Difficulty: Intermediate
Choreographer: Michael Barr, “A Waltz In Time Productions”, San Francisco Bay Area
Music-Hustle: “The Heat Is On” by La Bouche (122 bpm)- Sweet Dreams CD - RCA 07683-66759-2
Country - Slow; “My Girl” by Alabama (104 bpm) Dancin’ On The Boulevard CD- RCA 07863-67426-2
Country - Fast “Hey Baby” by Alabama (126 bpm) Same as above
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The count for the basic couples hustle is - & 1 2 3. This is incorporated in sections A, C, D and F. Check it out!!!.

A. BACK-FORWARD, FORWARD, 1/2 TURN RIGHT, TOUCH -- STEP, TOUCH, STEP, TOUCH

The step - touches in section A (4-8) & B (1-2) progress towards back wall with body & feet turning to R & L diagonals.

- & 1 - 2 Rock back on ball of L; Return onto R stepping forward; Step L forward
3 - 4 Turn 1/2 right on ball of left stepping R in place; Touch L toe forward towards right diagonal
5 - 6 Step onto L in place of previous touch [*face center*]; Touch R toe forward on diagonal left
7 - 8 Step onto R in place of previous touch [*face center*]; Touch L toe forward on diagonal right

B. STEP, TOUCH, COASTER STEP -- FORWARD 1/2 PIVOT, SHUFFLE FORWARD (L,R,L)

- 1 - 2 Step onto L in place of previous touch [*face center*]; Touch R toe forward on diagonal left
3 & 4 [*Coaster*]: Step R back; Step L next to right; Step R forward
5 - 6 Step L forward into 1/2 pivot turn to the right; Shift weight forward onto R [*face starting wall*]
7 & 8 [*Shuffle forward*]: Step L forward; Step ball of R next to left; Step L forward

C. FULL TURN, FORWARD, SIDE-CLOSE-CROSS -- SIDE, CROSS, 1/4-1/4-SIDE

- 1 - 2 Step onto ball of R and execute full turn to the left [*lift left just slightly off floor*]; Step L forward
& 3 - 4 Step ball of R side right & forward; Close L next to right; Cross step R in front of left
5 - 6 Step L side left; Cross step R behind left
& 7 - 8 Step L forward into 1/4 turn left; Step R forward into 1/4 turn left; Step L side left

D. CROSS, SIDE, CROSS-1/4-1/4 -- SIDE, CROSS, STEP SIDE, RETURN

- 1 - 2 Cross step R over left; Step L side left
& 3 - 4 Cross step ball of R behind left; Step L forward into 1/4 turn left; Step R forward into 1/4 turn left
5 - 6 Step L side left with body facing left diagonal; Cross step R over left with body facing left diagonal
7 - 8 Step L side left with body facing left diagonal; Return weight onto R in place and lift left heel off the floor [*body is now centered*]

E. LEFT HEEL TAPS (4 TIMES) -- RIGHT HEEL TAPS (4 TIMES)

- 1 - 4 With ball of L down tap left heel down 4 times [*keeping weight right slowly turn body towards the left diagonal changing weight to the left & lifting right heel off floor on count 4.*]
5 - 8 With ball of R down tap right heel down 4 times [*keeping weight left slowly turn body towards the right diagonal changing weight to the right & lifting left heel off the floor on count 4.*]

F. HEEL TAP, HEEL TAP, BACK-STEP, 1/4 TURN LEFT, STEP (Repeat from - rock-step)

- 1 Shift weight L tapping left heel down [*body facing left diagonal with right heel off floor*]
2 Shift weight R tapping right heel down [*body facing right diagonal with left heel off floor*]
& 3 Rock back onto ball of L; Return onto ball of R slightly forward of left
4 - 5 Step L forward into 1/4 turn left; Step R next to left
& 6 Rock back onto ball of L; Return onto ball of R slightly forward of left
7 - 8 Step L forward into 1/4 turn left; Step R next to left

BEGIN AGAIN!!! STYLING FOR SECTION A & B & TEACHING MUSIC ON BACK PAGE.

“HEY BRUCE...”

STYLING: There are some special hand/arm movements in sections A, counts 4,5,6,7,8, and in section B, counts 1,2. On coming out of the 1/2 pivot (count 3) in section A the man will take his right hand and comb his fingers through his hair on the right side for count 4. As the right hand does the combing the left arm/hand will rise up straight in front of you (perpendicular to the floor, palm down) flexing the fingers as the music reaches the end of count 4. To prepare for the combing start to bring the hand up on count 3 ready to comb on count 4. The Man will then drop his hands for count 5 switching sides to comb hair with the left and rising and flexing the right on count 6, repeat for counts 7, 8 and for counts 1, 2 of section B. The lady will use her right hand with closed fingers to run the palm over her head (not to mess her hairdo) on count 4 (remember to prepare on count 3). As the right hand/palm goes over the head the left arm/hand will rise up straight in front of you (perpendicular to the floor, palm down) flexing the fingers as you reach the end of the count 4. Remember these are optional. You have 7 counts to play with, so please do what feels good to you. **Maybe you might just snap the fingers!!!!**

Teaching Music: “Cryin’ Town” by Big House (82 bpm) Self Titled CD - MCA # MCA - 11446
“Black Velvet” by Alannah Myles (94 bpm) Atlantic Records # 81956-2
“Amarillo” by Big House (101 bpm) Self Titled CD (same as above)

The following text sheds some light on the hustle rhythm, how the idea for the dance came about and a variation that was part of the dance at one point.

COUNTING: As a beginner Hustle student I was immediately taken by the rhythm and jumped at the chance to create a dance with the hustle steps in mind. The couples Hustle count is; & 1 2 3, repeat, repeat, etc. To keep the feeling of the hustle rhythm you leave the ‘&’ count in front of the whole counts. Thus, you must emphasize the & count differently than the ‘&’ count in the triple step. It will come first which will be the quick part to be emphasized (bold print on step description).

CHOREOGRAPHERS NOTE: This line dance came about through a friendly challenge of an informal contest put on by Robert Royston in one of his Hustle classes at the Cowboy Country Club in Pleasanton, CA. The challenge was to anybody in the class to create a Hustle line dance. Lori Wong was in the class and accepted the challenge. Could I not? The answer is “Hey Bruce...”. The steps in this dance incorporates both the man’s left foot lead and the woman’s right foot lead for the hustle step. Have some ‘hustle’ with your line dance, and have some fun too.

VARIATION: Here is a variation step for the adventurous - section B, counts 7 & 8 and section C, counts 1,2. On the difficult side, but you might have fun playing with this step. It comes after the 1/2 pivot in section B.
Section B. 7-8 weight R Step L forward; Step ball of R forward into a full turn left (left foot off floor)
Section C. 1-2 weight R Kick left leg/foot forward extending foot for the full count; Step L forward
Note: At start of turn lift left leg into bent knee with foot next to right knee. On coming out of the turn kick left foot out in front [straight leg now] while you reach for the floor with your step forward on count 2.

Note: This step description may be freely copied and distributed provided it is the Choreographer’s version. Out of respect for the Choreographer’s effort and artistic integrity, please do not modify, rewrite, or publish an alternative description without the express permission of the choreographer. Revised 1/5/98