

Michele Burton's
I See It Now

Michele Burton

A WALTZ

Description: 60 count, 2 wall line dance **Difficulty:** High Intermediate
Choreographer: Michele Burton **Date:** January, 1999
Practic Music: Stars Over Texas Artist: Tracy Lawrence
Suggested Music: I See It Now Artist: Tracy Lawrence CD: I See It Now 95 bpm
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A. STRIDE, STEP, STEP; STRIDE, 1/4 TURN, STEP

- 1 - 3 Left stride forward; Right step forward; Left step forward
4 - 6 Right stride forward; Left step forward into 1/4 turn right; Right step slightly back

B. CROSS, 1/4, 1/4; CROSS, 3/4 triple step TURN

- 1 - 3 Left cross over right; Right step back into 1/4 turn left; Left step back into 1/4 turn left
4,5&6 Right cross over left; Left back into 1/4 turn right; Right step into 1/4 turn right; Left step slightly forward into 1/4 turn right

C. LUNGE, PUSH, 1/4 TURN STEP; TWINKLE

(Definition of a lunge: Ball lead stride forward, with bent right knee; head, shoulders, knee, toe in line. Back leg straight, heel off floor)

- 1 - 3 Right stride forward lunge; Left step back (pushing off right - this is not a rock step); Right step into 1/4 turn right
4 - 6 Left step forward to right diagonal; Right step slightly forward; Left step in place (turning body to left diagonal) (This is not a cross over step. It should travel)

D. TWINKLE; STRIDE FORWARD, 1/2 TURN

- 1 - 3 Right stride forward to left diagonal; Left step slightly forward; Step right in place (turning body to right diagonal)
4 - 6 Left stride FORWARD; Right foot brush into 1/2 turn left; Right step forward

E. STRIDE, STEP, STEP; STRIDE, STEP, STEP; REPEAT

- 1 - 6 Left stride forward; Right step forward; Left step forward; Repeat 1 - 3

F. LUNGE FORWARD, RETURN, 1/2 TURN; 1/2 TURN, 1/2 TURN, 1/2 TURN

- 1 - 3 Left stride lunge forward; Right step back; Left step back into 1/2 turn left
4 - 6 Right step forward into 1/2 turn left; Left step back into 1/2 turn left; Right step forward into 1/2 turn left

G. STRIDE BACK, DRAG BACK; STRIDE, STEP, STEP

- 1 - 3 Left stride back; Right drag back to left (2 cts) (wt remains on left)
4 - 6 Right stride forward; Left step forward; Right step forward

H. STRIDE SIDE LEFT, DRAG LEFT, 1 1/4 TURN RIGHT

- 1 - 3 Left stride side left; Right drag to left foot (2 cts) (wt remains on left)
4 - 6 Right step into 1/4 turn right; Step onto left foot, making full spin right; Right step forward

I. STRIDE, 1/2 TURN, STEP; STRIDE BACK, STEP, TOGETHER

- 1 - 3 Stride left foot forward; 1/2 turn to left, stepping back on right foot; Step back left
4 - 6 Stride right foot back; Step left foot back, passing right; Step right foot beside left

J. STRIDE 1/2 TURN, STEP; STRIDE BACK, STEP, TOGETHER

- 1 - 6 Repeat part I (The letter I)

BEGIN AGAIN See back side for styling and technique

I See It Now

(page 2)

WALTZ STYLING

A note about the choreography:

The tempo was chosen to emphasize the stride and full extension of movement in the waltz. The syncopated $\frac{3}{4}$ turn in *Section B* highlights instrumentation and a foot change lead. The 4 - $\frac{1}{2}$ turns in *Section F* depict a musical interpretation. The 6 count basic in *Section E* leaves room for many individual variations.

A basic waltz philosophy

Stride on the ones and fours. Execute the gather and rise on the 2,3 and 5,6.

A **stride** is done with a heel lead.

A **lunge** is done with a ball of the foot lead.

Section C

The lunge push return

The body positioning is everything on the lunge. Note the head, shoulders, knee, and toe are in line. The back leg is straight, heel off floor. The front leg is bent with the toe and knee turned out.

The push return may appear to be rock step. If the lunge is executed properly, the return will feel like a push off the front foot onto the back foot.

Section D

The proper foot placement on count four of this pattern will make the brush turn a breeze.

Stride FORWARD, pointing toes to left diagonal as a preparation for the next step. Sweep the right foot in a low arc, brushing foot to floor on the $\frac{1}{2}$ turn left. It is helpful to look over the left shoulder while executing the turn. The leg remains straight on this sweep. Step forward onto the right foot.

This three count pattern returns the dancer to a left foot lead for the remainder of the dance.

Section F

The lunge return is a good preparation for the 4 - $\frac{1}{2}$ turns. Complete each $\frac{1}{2}$ turn before stepping the lead foot to the floor. Each $\frac{1}{2}$ turn has some lilt. Visually, these turns are distinct $\frac{1}{2}$ turns that move down the floor. This **should not** look like a double spin.