

HEDY MCADAMS:

"LOVE LETTERS" *Hedy McAdams*

A 48-count, 2-wall, intermediate-level line dance

Choreographer: **HEDY MCADAMS**, instructor, choreographer, deejay, "CACTUS ROSE Presents," Palo Alto, CA (San Francisco Bay Area)
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Recommended: **STRAWBERRY WINE**, by Deana Carter, 120 BPM, 12-count lead (CDX Vol. 140) **OR** 24-ct lead w/artist's CD
recommended/inspired by: **LOVE LETTERS**, by Elvis Presley, 116 BPM, 24-count lead, Heart and Soul CD
teaching: **SATURDAY NIGHT**, by Billy Dean, 92 BPM, 24-count lead;
alternative: **HERE'S A QUARTER**, by Travis Tritt, 112 BPM, 12-ct. lead

Dedication: This dance is dedicated to the choreographic courage, artistry and craftsmanship of **Neil Hale**

Deejay note: "Waltz Across Texas" is an alternative dance that works well with recommended music, to accommodate beginners.

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A FORW, POINT, HOLD BACK, POINT, HOLD

Home/original wall=12:00 o'clock, begin with weight right (R).

- 1 (long) Step forward on L
- 2 Point R toe right
- 3 HOLD
- 4 Step R back
- 5 Point L toe left
- 6 HOLD

B TURN, POINT, HOLD TURN, POINT, HOLD

You should be facing 12:00 wall, now, and your weight is L.

- 1 Turn $\frac{1}{4}$ left [9:00] and step forward on L
- 2 Point R toe right
- 3 HOLD
- 4 Turn $\frac{1}{2}$ right [3:00] and step forward on R
- 5 Point L toe left
- 6 HOLD

C STEP, TURN, TURN CROSS, TURN, TOGETHER

Your body is facing 3:00 wall, your head is facing 12:00, and your weight is L.

- 1 Step L toward 12:00 and angle L toe out^A
- 2 Step R forward and turn $\frac{1}{2}$ left [6:00]
- 3 Step L back and turn $\frac{1}{4}$ left [3:00]
- 4 Cross-step R in front of L
- 5 Step L to left and pivot $\frac{1}{4}$ right [6:00]
- 6 Step R beside L

^ANote: some refer to count C1 as a quarter turn b/c body faces 3:00, I've called it a step forward b/c the head is facing 12:00; whatever you call this, be sure to step toward 12:00 wall!!

D LONG, SHORT, SHORT LONG, ROCK, ROCK

You should be facing 6:00 wall, now, and your weight is R.

- 1 (long) Step forward on L
- 2 (short) Step forward on R
- 3 (short) Step forward on L
- 4 (long) Step forward on R
- 5 Rock-step L to left
- 6 Rock-step R moving R foot (slightly) back

E CROSS, HOLD, HOLD ROCK, ROCK, BACK

You should be facing 6:00 wall, now, and your weight is L.

- 1 Cross-step L over R
- 2-3 HOLD, HOLD (i.e., for 2 counts)
- 4 Rock-step R to right
- 5 Rock-step L (in place)
- 6 Rock-step R to right (moving foot R foot slightly back)

F CROSS, HOLD, HOLD - ROCK, ROCK, CROSS

You should be facing 6:00 wall, now, and your weight is R.

- 1 Cross-step L over R
- 2-3 HOLD, HOLD (i.e., for 2 counts)
- 4 Rock-step R to right
- 5 Rock-step L to left moving foot (slightly) back
- 6 Cross-step R over L

G LEFT, BEHIND, LEFT CROSS, TURN, TOGETHER

You should be facing 6:00 wall, now, and your weight is R.

- 1 Step L to left
- 2 Cross-step R behind L
- 3 Step L left
- 4 Cross-step R in front of L
- 5 Step L to left and turn $\frac{1}{4}$ right [9:00]
- 6 Step R beside L

H LONG, SHORT, SHORT TURN, ROCK, ROCK

You should be facing 9:00 wall, now, and your weight is R.

- 1 (long) Step L forward
- 2 (short) Step R forward
- 3 (short) Step L forward
- 4 Step R forward and turn $\frac{1}{4}$ left [6:00]
- 5 Step L to left and (slightly) back
- 6 Step R beside L

BEGIN AGAIN!

Awards:

This dance, at this printing, is one of 4 finalists in the contest for overseas line dance of the year in New Zealand. It won 3rd place for original choreography at the Harvest Festival, CA, October 1996, and is taught and requested around the world.