



## “ ROCK IT ”

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DESCRIPTION: 2 WALL LINE DANCE

MUSIC : “BORN TO BOOGIE” BY HANK WILLIAMS JR

“BABY LIKES TO ROCK IT” BY THE TRACTORS - 161 BPM

“HILLBILLY ROCK” BY MARTY STUART - 140 BPM

“I FEEL LUCKY” BY MARY CHAPIN CARPENTER - 121

- 1&2 **SWIVEL HEELS TO RIGHT & BUMP YOUR HIP TO RIGHT AT SAME TIME & BRING HIP BACK TO CENTER - BUMP YOUR HIP TO RIGHT A SECOND TIME**
- 3&4 **SWIVEL HEELS TO LEFT & BUMP YOUR HIP TO LEFT AT SAME TIME & BRING HIP BACK TO CENTER - BUMP YOUR HIP TO LEFT A SECOND TIME**
- 5 - 6 \* WITH FEET TOGETHER **TWIST DOWNWARD AND** AT THE SAME TIME **SWIVEL YOUR HEELS TO THE RIGHT THEN LEFT - “TWIVEL” HILLBILLY SLANG**
- 7 - 8 \* WITH FEET TOGETHER **TWIST UPWARD AND** AT THE SAME TIME **SWIVEL YOUR HEELS TO THE RIGHT THEN LEFT** \*WE CALL THIS THE TWIST MOVE LIKE IN THE OLD CHUBBY CHECKERS TWIST
- 1-2 **STEP BACK RIGHT AND TURN BODY OUT TO THE RIGHT AT 45 DEGREE ANGLE - CLAP HANDS**
- 3-4 **STEP BACK LEFT AND TURN BODY OUT TO THE LEFT AT 45 DEGREE ANGLE - CLAP HANDS**
- 5-6 **STEP BACK RIGHT AND TURN BODY OUT TO THE RIGHT AT 45 DEGREE ANGLE - CLAP HANDS**
- 7-8 **STEP BACK LEFT AND TURN BODY OUT TO THE LEFT AT 45 DEGREE ANGLE - CLAP HANDS**
- 1&2 **RIGHT SHUFFLE FORWARD - RIGHT, LEFT, RIGHT**
- 3&4 **LEFT SHUFFLE FORWARD - LEFT, RIGHT, LEFT**
- 5-6 **STEP FORWARD ONTO RIGHT - PIVOT 1/2 TURN TO LEFT**
- 7&8 **RIGHT SHUFFLE FORWARD - RIGHT, LEFT, RIGHT**
- 1&2 **LEFT SHUFFLE FORWARD - LEFT, RIGHT, LEFT**
- 3-4 **STEP FORWARD ONTO RIGHT - PIVOT 1/2 TURN TO LEFT**
- 5-8 **JAZZ BOX RIGHT LEAD - CROSS RIGHT OVER LEFT, STEP BACK WITH LEFT, STEP TO THE RIGHT WITH THE RIGHT FOOT, STOMP LEFT FOOT BESIDE RIGHT**
- 1-4 **JAZZ BOX RIGHT LEAD - SAME AS ABOVE - optional hop on last step lots of fun!**
- 5-8 **VINE RIGHT - SCUFF LEFT FOOT - STEP TO RIGHT ON RIGHT, STEP BEHIND RIGHT ON LEFT, STEP TO RIGHT, SCUFF LEFT FORWARD**
- 1-4 **VINE LEFT WITH 1/2 TURN TO LEFT & SCUFF WITH RIGHT - STEP TO THE LEFT ON LEFT, STEP BEHIND LEFT ON RIGHT, STEP LEFT AND DO A 1/2 PIVOT TURN TO THE LEFT, SCUFF RIGHT FORWARD**
- 5-8 **VINE RIGHT WITH STOMP - STEP TO RIGHT ON RIGHT, STEP BEHIND RIGHT ON LEFT, STEP TO RIGHT & STOMP LEFT**

**BEGIN AGAIN -- YEEE HAAaaaa!!!!!!**

DANCE SPEED CALLS TO HELP WHILE DANCING IT FIRST TIME- THESE ARE SHORTENED TERMS WE USE SO WE CAN CALL IT AT DANCE SPEED AND MATCH THE RHYTHM. THE TERMS ARE GIVEN TO THE DANCERS AS THE TEACHING PROGRESSES - EXAMPLE RIGHT SWIVEL WITH TWO RIGHT HIP BUMPS WOULD BE SHORTENED TO RIGHT, RIGHT !

**HILLBILLY RICKS CALLS-**

RIGHT, RIGHT, LEFT, LEFT, TWIST, DOWN, TWIST, UP

SHUFFLE RIGHT, SHUFFLE LEFT, STEP & TURN

OVER, BACK, SIDE, TOGETHER -

RIGHT, LEFT, RIGHT, SCUFF - LEFT, RIGHT, TURN, SCUFF -

STEP, CLAP, STEP, CLAP, STEP, CLAP, STEP, CLAP

SHUFFLE RIGHT, SHUFFLE LEFT, STEP & TURN

OVER, BACK, SIDE, TOGETHER

RIGHT, LEFT, RIGHT, STOMP

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