

"MUSTANG SALLY"

Neil Hale

Description:

Line Dance (48 cts.) 2 Wall

Difficulty: Interm./Adv.

Choreographer:

Neil Hale - Pleasanton, CA (510) 462-6572

Music:

Mustang Sally from the soundtrack "The Commitments"

Prepared by:

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KICK, STEP BACK, TRIPLE BACK, FORWARD, TURN:

- 1 - 2 Right kick forward; Right step back
3 & 4 Left step back; Right step next to left; Left step slightly forward
5 - 6 Right step forward; Left step forward into 1/4 turn right
(count 5 option is &5, scoot on left on & before you step forward right on 5)
7 - 8 Right step side right into 1/4 turn right; Pivot on right as you step back with Left foot into 1/2 turn right (weight ends left)

"SAILOR SHUFFLES" (a.k.a. cross-ball-change):

- 1 & 2 Right cross-step behind left; Left step side left on ball of foot; Right step side right
3 & 4 Left cross-step behind right; Right step side right on ball of foot; Left step side left

FORWARD DIAGONAL RIGHT, CLAP; FORWARD DIAGONAL LEFT, CLAP:

- 1 - 2 Right step forward diagonal right; Left step next to right & CLAP
3 - 4 Right step forward diagonal right; Left touch next to right & CLAP (weight stays right)
5 - 6 Left step forward diagonal left; Right step next to left & CLAP
7 - 8 Left step forward diagonal left; Right touch next to left & CLAP (weight stays left)

HIP ROLLS (palms on thighs):

- 1 - 4 Right step side right & roll hips Right; Left; Right; Left

MONTEREY TURNS (1/4 turns):

- 1 - 2 Right point side right; Pivot 1/4 turn right on ball of left as you step right next to left
3 - 4 Left point side left; Left step next to right
5 - 8 REPEAT 1-4

"SAILOR SHUFFLES" (a.k.a. cross-ball-change):

- 1 & 2 Right cross-step behind left; Left step side left on ball of foot; Right step side right
3 & 4 Left cross-step behind right; Right step side right on ball of foot; Left step side left

"RIDE THE MUSTANG", (arm position is holding reigns of horse):

- 1 & Right diagonal forward; Left step behind right
2 & Right diagonal forward; Left step behind right
3 - 4 Right diagonal forward; Left touch next to right & CLAP
5 & Left diagonal forward; Right step behind left
6 & Left diagonal forward; Right step behind left
7 - 8 Left diagonal forward; Right touch next to left & CLAP

TURN 1 FULL TURN RIGHT (left steps around right):

- 1 - 2 Right step side right into 1/4 turn right; Left step forward into 1/4 turn right
3 - 4 Right step in place while turning 1/4 right; Left step forward into 1/4 turn right

BEGIN AGAIN!