

OPHELIA

Bill Bader
ENJOY!

64-COUNT, 4-WALL LINE DANCE ROTATING CLOCKWISE
Choreography by Bill Bader Vancouver, BC July 1994

Challenge Level: 4 (Upper Intermediate)

Suggested Music - For Teaching: "Hey Bobby" - K.T. Oslin (85 bpm)
- Slow: "Ophelia" - Vince Gill/Maverick Soundtrack (94 bpm)
- Medium: "Make Love To Me" - Anne Murray (108 bpm)
- Medium: "Put Some Drive In Your Country" - Travis Tritt (110 bpm)
- Full tempo: "GONNA MAKE YOU SWEAT (Everybody Dance Now)"
- C&C Music Factory (116 bpm)

Choreographer's Notes: While this dance was inspired by the song "Ophelia", it has become very popular to "Gonna Make You Sweat (Everybody Dance Now)". Ophelia was chosen as a competition dance at the 3rd Annual International Grand Championships of the Country Western Line Dance Association.

KICK, KICK, COASTER STEP (BACK, TOGETHER, FORWARD): FIRST RIGHT, THEN LEFT

1-2 Kick R forward twice
3&4 Coaster: Step R back, Step L beside R, Step R forward
5-6 Kick L forward twice
7&8 Coaster: Step L back, Step R beside L, Step L forward

TURN-HITCH, PUSH FORWARD-FORWARD, TURN-HITCH, PUSH FORWARD, FORWARD

& Raise R knee and Turn diagonally left to face 10:00-10:30
9-10 Step R forward with toes to 10:00-10:30 and Push hips to forward/right twice
& Raise L knee and Turn diagonally right to face 1:30-2:00
11-12 Step L forward with toes to 1:30-2:00 and Push hips to forward\left twice

KICK, BALL/SWAY, SWAY RIGHT, SWAY LEFT

13 Kick R toe forward toward 1:30
& Step toe/ball of R beside L heel with toe toward 3:00 wall
14 Step L beside R and sway hips to left (You are now facing 3:00 wall.)
15 Sway hips to right
16 Sway hips to left

* IMPORTANT NOTE: From here on, it is easier to think of the current facing direction, the original 3:00 wall, as our new 12:00.

VINE RIGHT, TOUCH LEFT HEEL TWICE

17 Sidestep R
18 Cross-step L behind R
& Sidestep R
19-20 Touch L heel diagonally forward/left twice. Body turns to (new) 10:30.

VINE LEFT, TOUCH RIGHT HEEL & LEFT HEEL

21 Sidestep L
22 Cross-step R behind L
& Sidestep L
23 Touch R heel forward/slightly right. Body turns to 1:00.
& Step R beside L
24 Touch L heel forward/slightly left. Body turns to 11:00.
& Step L beside R

VINE RIGHT, LEFT HEEL TOUCH TWICE, VINE LEFT, HEEL TOUCHES RIGHT-LEFT

25-32& Repeat 17-24&

(continued...)

3 RIGHT TOUCHES (TOE BACK, HEEL FORWARD/RIGHT, HEEL ACROSS), STEP ACROSS

Throughout these next four sections, each touch is performed with the leg fully extended.

- 33 Facing front, Touch R toe slightly back of right side (apprx. 4:00)
 34 Touch R heel diagonally forward/right (apprx. 2:00)
 35 Touch R heel across front of L to diagonal forward\left (apprx. 11:00)
 36 Cross-step R across L to just forward and left of L toes with R toe to 12:00, L heel lifted. Upper body faces 10:30.

3 LEFT TOUCHES (TOE BACK, HEEL FORWARD/LEFT, HEEL ACROSS), STEP ACROSS

- 37 Touch L toe slightly back of left side (apprx. 8:00)
 38 Touch L heel diagonally forward/left (apprx. 10:00)
 39 Touch L heel across front of R to diagonal forward/right (apprx. 1:00)
 40 Cross-step L across R to just forward and right of R toes with L toe to 12:00, R heel lifted. Upper body faces 1:30.

3 RIGHT TOUCHES, STEP ACROSS

- 41-44 Repeat 33-36

3 LEFT TOUCHES, STEP ACROSS

- 45-48 Repeat 37-40

1st "ZIG-ZAG": RIGHT STEP BACK, TOUCH BACK LEFT, 1/4 LEFT, KICK LEFT

- 49 Small Step R diagonally back/left - toe & body facing 1:30
 50 Touch L toe/ball beside R heel
 51 Keeping L in touch position and weight on R, Turn 1/4 left to face 10:30
 52 Toe Kick L forward toward 10:30

2nd "ZIG-ZAG": LEFT STEP BACK, TOUCH BACK RIGHT, 1/4 RIGHT, KICK RIGHT

- 53 Step L diagonally back/right - toe & body facing 10:30
 54 Touch R toe/ball beside L heel
 55 Keeping R in touch position and weight on L, Turn 1/4 right to face 1:30
 56 Toe Kick R forward toward 1:30

3rd "ZIG-ZAG": RIGHT STEP BACK, TOUCH BACK LEFT, 1/4 LEFT, KICK LEFT

(Repeat 49-52)

- 57 Small Step R diagonally back/left - toe & body facing 1:30
 58 Touch L toe/ball beside R heel
 59 Keeping L in touch position and weight on R, Turn 1/4 left to face 10:30
 60 Toe Kick L forward toward 10:30

4th "ZIG-ZAG" ENDING WITH SWIVELS:LEFT STEP BACK, TOUCH BACK RIGHT, SWIVEL LEFT, CENTER

- 61 Step L diagonally back/right - toe & body facing 10:30
 62 Touch R toe/ball beside L heel
 63 Swivel both heels to left - toes to 1:30, body to 12:30
 64 Swivel both heels to center to face the new starting wall (12:00)

End of pattern. Begin again...

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